

## FOR IMMEDIATE RELEASE

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### Meet the Divorce Coach

Houston, Texas...immediate release: Travel behind the Do Not Disturb signs and into the tension filled world of the toughest coaching job in America...the divorce coach. You won't see this coach on the sports channel, but starting January 31, Houston divorce coach Christina McGhee debuts in *How to Divorce Without Screwing Up Your Kids* on Britain's Channel 4.

Award winning independent television production company, TWENTY TWENTY TELEVISION, selected McGhee for the documentary in which she counsels three families through the traumas of divorce because of her work as a 'divorce coach' and her part in the award winning children's DVD program *Lemons 2 Lemonade: How to handle life when things go sour between Mom and Dad*.

Producer Sam Whitaker and McGhee had ongoing discussions about the project for approximately a year before McGhee agreed to participate. "It was extremely important to me that the integrity of these families and the emotional well being of children not be compromised for the sake of "good TV". I was very impressed by Twenty Twenty and more specifically Sam Whitaker's insight to look beyond the scope of the program. McGhee remembers Whitaker saying to her "These families still have lives to lead after filming and as responsible filmmakers we need to always stay mindful of that" The stories of these three families are genuine, honest and emotionally powerful. This is a sensitive issue for many families, it was important that we never lost focus on the reason for this documentary.... to help families and hopefully to offer help to those watching their journey.

McGhee actively maintains a professional practice as a divorce coach and parent educator in Houston, Texas and surrounding communities. She specializes in providing support to parents dealing with difficult divorce situations and working with high conflict families. Committed to helping families find healthy ways to move forward following divorce, McGhee believes it is imperative for parents to minimize the level of conflict for the sake of the children. McGhee grew up in a divorced family and later became a stepparent. She feels her personal experiences significantly contribute to her professional philosophy that families can redefine themselves in meaningful ways following divorce.

McGhee traveled to the UK to meet the three British families selected for the series. They came to the meeting with a range of relationship situations and high-conflict issues. The families later traveled to Houston, Texas to participate in an intensive educational program mandated by the courts for divorcing parents' facilitated by McGhee.

Channel 4's promotion for the series states: "The Texas courts are pioneering a radical new programme to teach parenting skills to divorcing couples. The divorce guru in charge, Christina McGhee, takes warring couples who can barely stay in the same room and teaches them how to parent together, including living arrangements, school routines, communication, handover, holidays etc. What happens if we bring Christina and her program to the UK? Will it work for warring British couples?"

According to the three families, the results were remarkable. The series airs in the UK beginning January 31, 2006, on Channel 4. It is a three-part series.

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for more information, go to [www.divorceandchildren.com](http://www.divorceandchildren.com) or contact CatalystMoon Public Relations 281.829.5221



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